

Generous Rhythms
Week 2: Seek First Rhythms
Matthew 6:25-34

1. What is your first response to Jesus' teaching on worry? Relief, more worry, joy, frustration, something else?
2. What is Jesus' argument against worry? How convincing is he? Do you have evidence from your own life that would strengthen or weaken his argument?
3. Take a close look at your own "generous rhythms" of seeking first the Kingdom with your mind, your mirror, your minutes, and your money. Where do you see yourself most in step with God? Most out of step?
4. What are some of the areas where you tend to worry and experience anxiety? Read **Colossians 3:1-4** and **Philippians 4:5-7**. How do both of these passages encourage you today?
5. What step of "generous rhythm" in your financial giving will you consider taking during the series?
 - Giving to the church for the first time
 - Moving from a sporadic to a regular giver—consider giving online with an automatic withdraw
 - Evaluating your spending patterns to find more margin for generous giving
 - Meeting with a trusted friend or someone from the church to help you with making a budget