

Journey to the Cross
After Doubt
Luke 22

1. Have you ever had a time after you put your trust in Christ when you doubted your faith? What did (or does) your doubt look like? How have you tried to work through it?
2. What warning does Jesus give to Peter? What does Jesus know about Peter and his situation? What does God know about you already that is difficult for you to acknowledge?
3. What does Jesus do in his encounter with Peter? How specifically does he both challenge and encourage him?
4. Read **1 Peter 1:3-9** and **1 Peter 5:5-11**. How does Peter fulfill Jesus' calling on his life to "strengthen" his fellow believers? What words do you find particularly encouraging? What is the foundation of Peter's hope?
5. As you think about your own doubts or someone close to you who is in a season of doubt or "deconstruction," what step will you take to get help or help someone else?
 - **Diagnose your doubt, without demonizing or valorizing.** Are your questions more factual? How are your doubts connected to your emotions? In what ways are your doubts connected to behavioral choices you have made or would like to make?
 - **Pray honestly, without pretense.** Make David's prayer in Psalm 139 your prayer. Ask the Holy Spirit to search your heart and mind.
 - **Seek guidance from someone helpful, not hurtful.** Who can you talk with to help you process your doubts and move forward in your own journey of faith? Which of the following recommended resources will you commit to read? (*After Doubt* by A.J. Swibodo, *Soul Survivor* by Philip Yancey, *Understanding Doubt* by Gary Habermas, *Reason for God* by Tim Keller)
 - **Run to Jesus and community, not away.** Cast your anxiety on those who care for you!