

**Journey to the Cross**  
**A Meal to Remember**  
**Luke 22:1-23**

1. What was your experience with the practice of communion growing up? What did it mean to you? How has your understanding developed over time? If you are new to faith, how important is your participation in communion? What questions do you have?
2. How does Jesus redefine the Passover meal? How is this meal a fulfillment of the past? What does this meal point forward to? How does “remembering” the Lord’s Supper clarify your perspective on your own life?
3. Read **2 Corinthians 5:5-7**. What role does the Holy Spirit play in the new covenant life you are invited to experience? How have you experienced a “with God” life this week? What, if anything, has created distance in your experience with God?
4. Paul reminds us in **1 Corinthians 11:28** that we are to examine ourselves before coming to the communion table. As you quiet your heart, what might the Holy Spirit be revealing to you today?
5. As you take a closer look at Jesus’ institution of the Lord’s Supper with his disciples, what step is he inviting you to take? What might he be asking you to release so that you may receive more of him?