

Romans: Living and Breathing the Gospel
Week 16: Three Groans and a Promise
Romans 8:18-30

1. Have you experienced feeling too weak to pray with words? How does it encourage you that the Spirit intercedes for you?
2. What are the three “groans” in the passage? What stands out to you? What is clear and compelling? What raises questions?
3. What does this passage reveal about the character of God? What truths grip you today?
4. Is there a way in which you are seeking to change your circumstances, where you need instead to seek to change your heart’s attitude toward them?
5. Reflect on the promise of the “unbreakable chain” of God’s love for you in Romans 8:8-28-30. How do you apply this truth to your life right now?
6. Who in your circle of influence would benefit from your story of how God is working in your life right now?