

Week 11: John 20:1-31

Key Theme: Resurrection, Mission, and Doubt

SEE my Life: Life Map & Fasting Reflection Icebreaker (15 mins)

Share briefly how your time of fasting, meditation, and reflection with your life map and Galatians 5:16-26 went. What is God reminding you of or teaching you through this experience?

Option: What was one thing that you believed as a kid, and then as you got older you no longer believed it? Maybe it was Santa Claus or the Tooth Fairy or something else. Whatever the case, what caused you to change your belief?

SEE Jesus: John 20:1-31 (30 mins)

1. What stands out to you from the text? What word or phrase seems significant to you? What questions do you have about the text?
2. Take a closer look at vs. 1-10. Who discovers the empty tomb? What is their response?
3. Take a closer look at vs. 11-18. What is Mary Magdalene's response before and after she sees Jesus?
4. Take a closer look at vs. 19-23. Why do you think the disciples are afraid? How does Jesus treat them? What does Jesus do?
5. Read vs. 24-31. What is Thomas' response to the claims of the disciples? How does Jesus respond?
6. As you take a closer look at Jesus through this story, what aspects of His character draw you closer to Him?

SEE my Life: From Doubt to Completeness (30 mins)

1. As you read the account of Jesus' appearances to the disciples and to Mary and you see their different responses, which one can you relate to the most? Why?
2. Doubt is a normal part of the Christian life. Whether it is doubting that God will actually respond the way you want in a particular instance or doubting that Jesus rose from the dead, doubt is something many followers of Jesus struggle with at various times in their walk with Jesus. In what ways have you doubted Jesus? What doubt has God resolved for you in the past?
3. How has the resurrection been made real in your life?
4. In vs. 30-31, John defines the purpose of his gospel. How has believing that Jesus is the Son of God changed your life? In what ways are you perhaps still struggling? How might Jesus' response to Thomas encourage you today?

SEE the practices of Jesus: Fasting (15 mins to explain and close in prayer)

Continue with your practice of fasting this week. Skip at least one meal and purposefully spend 30-60 minutes reading and reflecting on John 17:6-19, Jesus' prayer for his disciples and then John 17:20-26, Jesus' prayer for all believers. As you read these verses over a few times, try to imagine Jesus himself praying to the Father for you! Focus specifically on verse 24.

- **Rejoice** – How can I praise God for giving me the Holy Spirit?

- **Repent** – What have I done wrong because I have forgotten the blessing of the Holy Spirit?
- **Recount** – How specifically has Jesus blessed me with the comfort and counsel of the Holy Spirit?
- **Request** – What is something that I am not doing right now that I need to do to apply the blessing of the Holy Spirit in my life? What do I need help with?
- **Rethink** – How can I live my life differently in light of the blessing of the Holy Spirit?
- **Reflect** – What is God telling me today?

Close in prayer with a focus on your one person you have been praying for.